

Start/Finish @ The ROC

7:00 am – 7:45 am Packet Pickup Thanksgiving Morning

8:15 a.m. Start of 5K Race

Awards: overall & overall masters male and female

19 & Under, 20-29, 30-39, 40-49, 50+

Long Sleeve t-shirts to the first 50 entries

online registration available @ <http://jbeentraining.com/?product=turkey-day-5k>

Race Day Registration will not receive a t-shirt, but will be eligible for prizes

Registration fee \$30 ~Make Checks payable to JBeen Training~

Contact: Jennifer Been~ 806-333-3525~Mail registration to PO Box 458 Hartley, TX 79044

Net Proceeds will benefit Dalhart Ministerial Alliance & Dalhart FCA

Name: _____

Address _____ **City** _____

State _____ **Zip Code** _____ **Phone Number** _____

Male _____ **Female** _____ **Date of Birth** ____/____/____ **Age** _____

Shirt Size: Adult XS _____ Adult SM _____ Adult M _____ Adult LG _____ Adult XL _____

E-mail Address _____

RELEASE OF LIABILITY

In return for its agreement to accept this entry form, I hereby release Jennifer Been, JBeen Training, First Baptist Church, The ROC, its officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated with this race from liability for any injuries received by me (or if the participant is a minor, then I release them from liability for injuries received by the minor for whom I am responsible) during participation in this sporting event, which includes all post-race activities through the end of the awards ceremony and the conclusion of the event. I recognize that participation in the event sponsored or in any way supported by named entities exposes me and/or my family member(s) to risks including, but not limited to, running-related injury, traffic, and other risks including cracks in the roadway or sidewalk, uneven running surfaces, slick conditions, other participants in the race, weather-related hazards, and post-race accidents of any type. Notwithstanding these potential risks and possibly other unanticipated risks, all of which cannot be listed, I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

Signature (or parent if minor)

Date

Turkey Day 5K